

# THE SHEP NEWS



Weekend E-Newsletter • February 21, 2010, 2010 • First Sunday of Lent • Worship: 9AM- ELW Service; 10 AM-Sunday School; 11 AM -Sing 'N Rejoice

## OUR MISSION

- To invite all people to know the unconditional love of Christ;
- To share Christ's love through words and deeds;
- To empower people to serve Christ in the world.



God's Work  
Our Hands

[www.goodshepherdmd.org](http://www.goodshepherdmd.org)  
[www.elca.org](http://www.elca.org)



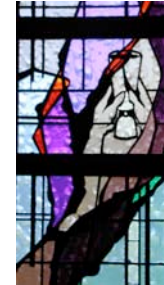
February 14, 2010

## Sermon on the Amount

Needed weekly \$6703  
Debt Reduction 560

**TOTAL RECEIVED \$9855**  
Needed for Budget **\$6511**  
Worship Attendance 196  
Sunday School 63  
To Make Budget **\$8375**  
Owed Reserve Fund 17,500

Please help us make up a lost Sunday February 7th.



[www.mar-lu-ridge.org](http://www.mar-lu-ridge.org)

## Luke 4:1-13

## At the edge of the wilderness

Bob Simpson, a retired Lutheran pastor, was diagnosed with Alzheimer's disease in 1995. Over a four-year-period, Bob and his wife, Anne, wrote of their life together with Alzheimer's in their remarkable journal, *Through the Wilderness of Alzheimer's: A Guide in Two Voices*.



The wilderness is the central image of their life with this devastating illness.

Anne writes: "The process of watching my beloved husband deteriorate is painful, lonely, and immensely sad. I cannot deny it; I have spells of depression and self-pity. I have days when I am so frustrated that I go into the garage and sit in the car with all the windows rolled up, so I can scream without being overheard. I can see the losses, the bad side, the half-empty glass."

Bob writes, "I have good days now. If I think about the past, I get sad. If I think about the future, I'm scared. I only have the present. Today is the only day I have to live."

But while their wilderness experience has certainly tested their love, it has also deepened it.

"I'm not angry with God," Bob writes. "I believe God is here, somewhere. There is a purpose. I am beholden to find it."

After four years of living with her beloved's Alzheimer's, Anne, the devoted caregiver, writes that this wilderness "is familiar now. We have a map of where we have been; we can see ahead to the next bend in the path. We have come this far, mumbling and complaining sometimes, wanting to return to our old life. Yet, we are stronger for the rigors of this passage and we are learning to travel light. We cannot determine our pace or our final destination; we cannot make straight the path. But if we trust God to guide us, we know we will continue to be nourished by the manna of unexpected blessings."

The wildernesses and deserts of our lives are those unknown and terrifying places where we struggle to make our way as a result of circumstances beyond our control or our own mistakes and sins. But it is in those deserts and wilderness places where we discover the Spirit of God. We should not fear such wildernesses, but approach our "deserts" with humility and hope: The desert of our hearts is the silent place where God speaks to us of possibility and transformation; it is the quiet wood where we clear our heads to realize what is right and good; it is the clear vista that opens our eyes to realize the path we should take if we are to become the people of justice and righteousness we seek to become. This Lent, the Spirit calls our souls into the wilderness in order to discern what God calls us to make of the time we have been given, to re-center our lives with new hope and renewed vision as we continue our journey to the Easter promise.

Pastor Ron

## Mary Nelson

We remember with fondness our former organist, Mary Nelson, who died at Homewood at Crumland Farms on Saturday, February 12, 2010 after an extended illness.



Mary Nelson

Mary's passions for music, especially the voice of the organ, and the gift of nature were signatures of life. She had many friends at Good Shepherd. Her music provided inspiration for many worship services across the years until she retired in November 2000. She was predeceased by her husband, George Nelson. They were both charter members of Good Shepherd. She is survived by her daughter Kristy Canales and her family from Virginia, and son, John T. Nelson, also from Virginia. A Service of Remembrance will be celebrated on **Sunday, March 28, 2010 at 1PM in the Church Nave.**

## Karaoke (Shep's Brew Night)

Snow got you down. The parking lot's open for karaoke night, Friday, February 19th, 7:30PM-930PM, Community Room. It's a hoot!



## Icicle!

Mike Grayson took this iPhone photo of an enormous embedded icicle in front of the church entrance. Mike was helping to clear out some snow above the entrance. Thanks to Mike, Keith Schoonover and Carl Pritchard for helping Chuck Lounsbury, our facility manager clear snow around the church.

**Congratulations to** *Jim and Kristan Latham* on the arrival of *Trennen James Latham*, born February 11th. *Aislynn, Brietta and Kallan* have a baby brother!

**Lenten Bible Study** During the Wednesday's of Lent Pastor Ron will be leading a study on the book **Why Christian? For Those on the Edge** by Douglas John Hall. In a passionate and personal way, Hall probes fundamental religious questions and wrestles with the cogency of basic Christian convictions about Jesus and God, about religious belief and the human predicament, about inauthentic forms of Christianity, about what is missing in human life today.

Sign-up sheet posted in the Gathering Area. Study to be held **Wednesday, February 24, March 3rd, 10th, 17th and 24th, 7-8:30PM in the Fireside Room**. Books are \$19.00 per person and may be ordered in advance.

**Prayer Concerns:** *Gerry Marose, Barbara Underwood, recovering from colon surgery; Gary Stone, anticipating surgery for esophageal cancer; Charlotte Ahalt, John Day, brother of Janet Fisher-Day; Paul Miller and Greg Miller, brothers of Evie Timberlake, Molly, cousin of Bobbie Donaldson, Ron Knerr, Bernie Abrecht; Lee Brohawn; Lucas Phelan; Sandy Kessler, Kathleen Shook; Dale Lutz, Carolyn Hellman. Prayer requests, phone: Peggy Beers (301) 663-9741/Marilyn Ayres (301) 663-1997; E-mail Evie Timberlake [2timbers@verizon.net](mailto:2timbers@verizon.net).*

**Adult I Sunday School** meets Sundays at 10AM in the Community Room. They have begun a new study/DVD series on THE TEN COMMANDMENTS. This Sunday, the 10th Commandment is reviewed.

**Adult II Sunday School** meets in the Fireplace Room, 10:15 AM - open discussion of contemporary issues from NPR's "*Speaking of Faith*". All are welcome

**February Senior Luncheon** Because Ash Wednesday services will be held Feb.17 at Noon, the Senior "Lunch Bunch" will be held **Feb.24 at Noon**. We encourage all seniors to attend both Wednesday's. The program for the luncheon will be a "*Swap Shop*". Bring one or two items having a minimum value of \$3 to maximum of \$30 for swapping. Some examples: Christmas re-gifts, cake, pie, book, jewelry, etc. Lets have some fun as you will have an opportunity to re swap. Be prepared to laugh! Bring a dish to share for lunch and a guest. Seniors are over 50 but guests can be any age.

**Homebound:** *Becky Molesworth, Polly Carmack; Charles Thompson; Alice Wiloughby; Agnes Gamer; JoEllen Gluscevic; Jo Adams; Belva Bell; Marjorie Deater; Kathleen Shook, Citizens; Barbara Adams, at home; Rena Hall, now at Tranquility Care, Jefferson Pike, Frederick. Dolores Beach is now at #B2, Somerford Place in Whittier.*

**Remember Our Military Members:** Prayers for *Jeffrey Feser* deployed to Iraq. His address is **1st Lt. Jeffrey Feser, HHC 1st BDE 1AD/Bravo 6-1 CAV (RSTA0 FOB Warrior, Iraq APO AE 09338**. *'Lord, please hold our troops in your loving hands. Protect them even as they protect us. Bless them and their families during the selfless acts they perform for us in our time of need. Amen.'*

### Padula Concert Rescheduled

Bethel Lutheran, 9664 Opossumtown Pike, Frederick, is hosting a concert by acclaimed tenor **Cristoforo Padula** rescheduled for Sunday, March 7, 2010 at 3PM. Mr. Padula has sung with the New York City Opera and La Scala, Italy. He has sung for U.S. Presidents and was understudy for Luciano Pavarotti. Mr. Padula will sing arias as well as Broadway and popular songs. A reception follows. The concert is free with a free-will offering collected for Lutheran World Relief designated/Haiti. Information: 301 694-8280.

### ELCA Good Gifts/World Hunger Appeal Lenten Calendar

Included with your bulletin Sunday will be a 40 day Lenten Calendar. Each day has wonderful suggestions to help us be more aware of the needs of others, and all that we have that we take for granted! When it suggests giving an offering to a specific cause, you could wait and give once at the end of the 40 days. This is a great family project! *Blessings, Your Social Ministry Committee.*

### Emergency Kits, Lutheran World Relief.

Social Ministry Team has decided to help replenish depleted **Health Kits**. All kits require these items: **one hand towel, one washcloth (dark color), one bath-size bar of sap (4-5 ox.) in original wrapping, one sturdy comb (remove packaging), one adult-size toothbrush in its original packaging (no children's), one metal nail file or nail clippers with file attached (no cardboard emery boards or files, six Band-aids (1/2" to 3/4"- secure together with rubber bands (INCLUDE NO TOOTH-PASTE, only items mentioned above.**

All items should be new and in good condition. Wrap smaller items in washcloths. Wrap washcloth and remaining items in the hand-towel. Tie securely with ribbons or yarn. **Do not place in plastic bags** Sample kits will

be displayed in Gathering Area. Pat Schoonover at 301-473-8736.

**Frederick Chorale to Perform the Brahms 'Requiem' Sunday, February 27th at 7:30 PM** at First Baptist Church, Bowers Rd., Frederick, MD. Adults \$18, Students/Seniors \$12. 301-831-3714 or [www.frederickchorale.org](http://www.frederickchorale.org).

**2010 Flower Chart** is posted on the first Kiosk Info Square as you enter the church Gathering Area. Please sign up if you wish to sponsor flowers for Sundays in 2010. Cost of flowers is \$20.00 per basket.

**Looking for a Bible Study?** We have five 'NeighborTalk' groups currently available: **NeighborTalk South** Carl and Michele Hildedrand, 5403 Georgetown Rd. Adamstown, MD 21710 • 301-831-8628 **NeighborTalk Northeast** Terri Baker, 2627 Mill Race Rd., Frederick, MD 21701, 301-663-4013 **NeighborTalk Northwest** Sue and Dan Steffen, 5511 Bootjack Drive, Frederick, MD 21702 **NeighborTalk North** Janet and Brit Fisher, 11232 Angleberger Rd., Thurmont, MD, 301-304-0374 **NeighborTalk East (Spring Ridge)** Diane and Attilo DeMarco, 6408 Fairbanks Ln., Frederick, MD 21701 • 301-696-8886. Sign-up's available in the Gathering Area of our Church.

### 2009 Contribution Statements

are being processed and sent by our volunteer *Financial Secretary, Bill Thelemann*. The Post Office has not been cooperative about sending these out bulk mail. So we are sending them individually first class. If you have not received yours by next week call 301-620-1535 or Email [thelemann@comcast.net](mailto:thelemann@comcast.net).

### Thiel College Coming to Good Shepherd

The forty-two voice **Thiel Choir** from Thiel College, Greenville, Pennsylvania, a college of the Evangelical Lutheran Church in America, will perform a concert at **7:00 p.m. Saturday evening, March 6, at Good Shepherd**. The performance is part of the Thiel Choir's 2010 spring choir tour. Please mark your calendars for this wonderful evening of choral music. The community will be invited to this performance. **Please mark your calendars**

### Congregation Council Officers 2010

Pres. Phyllis Hane [phyllishane@comcast.net](mailto:phyllishane@comcast.net)  
Vice Pres. Kent Treichler [tohi@comcast.net](mailto:tohi@comcast.net)  
Sec'y: Sandy Hagen, [Sandra.Hagen@gmail.com](mailto:Sandra.Hagen@gmail.com)  
Treas: Jean Van Tassel [jvantassel@aol.com](mailto:jvantassel@aol.com)  
Fin. Sec'y: Bill Thelemann [thelemann@comcast.net](mailto:thelemann@comcast.net)